



Addiction Treatment and Recovery Services Management Course: Detox, Rehabilitation and Aftercare



Addiction Treatment and Recovery Services Management Course: Detox, Rehabilitation and Aftercare

Introduction:

Addiction treatment and recovery services management, covering detox units, rehabilitation and aftercare, is a 1-week course for managers of addiction treatment hospitals, residential rehabilitation centres and NGO recovery programmes, ending with an Addiction Recovery Service Pathway Plan for a case organisation. Many services discharge people from withdrawal management with no booked next step, so readmissions climb and recovery results go unmeasured. Nominees already run a detox unit, rehabilitation centre or recovery service, and the course works through case studies on admission, waiting list, discharge and follow-up data. CoreConcept Training Center delivers this addiction treatment and recovery services management course.

Course Objectives:

- Map an addiction service continuum from withdrawal management through residential, intensive outpatient and outpatient care to community aftercare and locate gaps between stages
- Apply ASAM Criteria levels of care and the six assessment dimensions to set admission, transfer, step-up and step-down rules for each service unit
- Run admission, consent and confidentiality procedures for addiction treatment records, including information sharing with families, employers and referring agencies
- Organise relapse prevention, peer recovery support, recovery housing and mutual-help linkage into a post-discharge aftercare pathway with named owners
- Design family programmes and family involvement routines that support treatment completion and the home recovery environment
- Define retention, completion, readmission and recovery-rate indicators and build an outcome follow-up schedule for discharged clients

Target Audience:

- Managers responsible for medically managed withdrawal units and addiction inpatient wards
 - Managers responsible for residential rehabilitation centres, therapeutic houses and extended-care facilities
 - Managers responsible for outpatient and intensive outpatient addiction clinics and day programmes
 - Managers responsible for NGO recovery programmes, peer support services and recovery housing
 - Quality and performance leads responsible for addiction service admissions data, outcome follow-up and reporting
-

Course Outline:

Day 1: Addiction Treatment Service Landscape and Continuum Baseline

- Substance Use Disorder Service Continuum From Detox to Aftercare
- Disease, Social and Recovery Models Shaping Service Design
- Detox-Only Discharge Risk and Linkage-to-Treatment Gap Analysis
- Service Inventory Template for Beds, Clinics and Recovery Housing
- Admissions, Waiting List and Readmission Baseline Data Review

Day 2: ASAM Criteria Levels of Care and Patient Placement

- ASAM Criteria Outpatient, Intensive Outpatient, Residential and Inpatient Levels
- Six ASAM Assessment Dimensions in Placement Decision Records
- Step-Up and Step-Down Transfer Rules Between Service Units
- Withdrawal Management Unit Admission and Medical Clearance Criteria
- Residential Rehabilitation Length-of-Stay Review Instead of Fixed Programmes

Day 3: Admission, Confidentiality, Family Programmes and Daily Operations

- Referral Intake Pathway and Single Admission Assessment Form
- Informed Consent and Addiction Record Confidentiality Procedures
- Information Sharing Protocol With Families, Employers and Referrers
- Family Week and Multidimensional Family Involvement Programme Design
- Therapeutic Community House Rules, Staffing Rota and Caseload Mix

Day 4: Relapse Prevention, Aftercare Pathways and Recovery Outcomes

- Marlatt Relapse Prevention Model in Discharge Planning Routines
- Peer Recovery Support Worker Roles and Lived-Experience Supervision
- Recovery Housing and Twelve-Step Mutual-Help Linkage Arrangements
- Retention, Completion and Readmission Indicator Definitions
- Recovery-Rate Follow-Up Schedule and Abstinence Versus Near-Abstinence Definitions

Day 5: Case Study Work and the Addiction Recovery Service Pathway Plan

- Case Organisation Continuum Map With Linkage Gap Diagnosis
 - Case Placement Rules Drafted From ASAM Dimension Profiles
 - Case Confidentiality and Family Programme Action Sheet
 - Aftercare Pathway and Recovery Outcome Dashboard for the Case Service
 - Addiction Recovery Service Pathway Plan Completion and Peer Review
-

Skills You Will Gain:

- Addiction Care Continuum Mapping
- Level-of-Care Placement Management
- Withdrawal Unit Admission Control
- Treatment Record Confidentiality Practice
- Family Involvement Planning
- Aftercare Pathway Coordination
- Peer Recovery Workforce Supervision
- Recovery Outcome Measurement

Why Attend This Course:

- Present an Addiction Recovery Service Pathway Plan to the hospital director, centre board or NGO executive of the case organisation
- Decide which level of care each referral enters and when a client steps up or down, using ASAM dimension evidence rather than fixed programme length
- Reduce early dropout, repeat detox admissions and confidentiality breaches caused by unlinked discharges and unclear information-sharing rules
- Hand colleagues the placement rules, consent checklist, aftercare pathway chart and outcome dashboard built during the case studies

Conclusion:

Back at work, the participant gives the Addiction Recovery Service Pathway Plan to the hospital director, centre board or NGO executive and to unit managers. They use it to decide placement and transfer rules between detox, residential and outpatient units, which family and peer recovery services to fund, and which aftercare partners to sign up. After the first quarter, the service should compare dropout, readmission and follow-up recovery figures with the baseline and revise the pathway.

Frequently Asked Questions FAQ:

What should participants know before an addiction treatment and recovery services management course?

Participants should already manage or coordinate a detox unit, rehabilitation centre, outpatient clinic or recovery programme. Bringing anonymised admission, waiting list, discharge or follow-up data from their own service helps them apply the placement and outcome exercises.

How does addiction treatment and recovery services management differ from a general mental health services or clinical addiction counselling course?

It covers how addiction services are organised across detox, residential, outpatient and aftercare stages, with placement rules, confidentiality and outcome measures. General mental health service courses address wards and community teams, and counselling courses teach individual therapy techniques rather than service management.

Why does aftercare matter so much in addiction treatment and recovery services management?

Withdrawal management alone rarely produces lasting recovery. Services that book the next level of care, relapse prevention, peer support and mutual-help linkage before discharge keep more clients engaged and see fewer repeat detox admissions.

What do participants take back from the addiction treatment and recovery services management course?

Participants take back an Addiction Recovery Service Pathway Plan for a case organisation, with a continuum map, ASAM-based placement rules, a confidentiality and family programme action sheet, an aftercare pathway and a recovery outcome dashboard.
