



Sport Integrity, Anti-Doping and Athlete Safeguarding Course



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Introduction:

Sport integrity, anti-doping and athlete safeguarding, covering testing, competition manipulation prevention and case handling, is the subject of this 5-day course for integrity, compliance, legal, medical and welfare leads of federations and clubs, ending with an Integrity and Safeguarding Action Plan. Many sports bodies still treat doping, match manipulation and athlete abuse as separate files held by different people, so reports stall and rule breaches go unmanaged. Nominees already handle rules, welfare or medical duties, and teaching is by case study on anonymised integrity files. CoreConcept Training Center delivers this sport integrity course.

Course Objectives:

- Map doping, competition manipulation and abuse risks across a federation or club and rank them in a risk register
- Apply the structure of the World Anti-Doping Code to test planning, whereabouts rules, exemption review and athlete education
- Distinguish spot-fixing, tanking and collaborative fixing, and set up alert review and reporting routes for approaches to athletes and officials
- Draft a safeguarding policy with codes of conduct, screening checks and a clear referral route for concerns
- Run a case from intake to hearing pack, with triage, evidence handling and appeal routes documented
- Design an integrity unit with reporting lines and a case log, and assemble an action plan for a case organisation

Target Audience:

- Integrity and anti-doping officers responsible for rule education, testing coordination and violation files in a federation or club
 - Compliance and legal advisers who draft sport rules, review disciplinary cases and prepare hearing material
 - Medical and welfare leads accountable for athlete health records, exemptions and protection of young and adult athletes
 - Competition and operations managers who oversee officials, fixtures and betting-related alerts
 - Senior managers who set up or oversee an integrity unit and approve its policies and reporting lines
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Course Outline:

Day 1: Sport Integrity Foundations and Current-State Assessment

- Sport Integrity Threat Map Covering Doping, Manipulation and Abuse
- Integrity Stakeholder Map of Federations, Clubs, Agencies and Tribunals
- Rule Hierarchy Mapping From International Code to Federation Regulations
- Integrity Risk Register Template With Likelihood and Impact Scoring
- Integrity Maturity Health Check Using a Diagnostic Scorecard

Day 2: Anti-Doping Code, Standards and Testing Planning

- World Anti-Doping Code Structure and Anti-Doping Rule Violations
- Test Distribution Plan Built From Sport and Discipline Risk Assessment
- Whereabouts Filing Rules and Missed Test Tracking Sheet
- Therapeutic Use Exemption Request Review Checklist
- Athlete Education Plan Aligned With the Education Standard

Day 3: Competition Manipulation Prevention and Detection

- Convention on the Manipulation of Sports Competitions Principles for Federations
- Spot-Fixing, Tanking and Collaborative Fixing Case Typology
- Betting Market Alert Review and Suspicious Pattern Triage Log
- Integrity Education Session Design for Players, Referees and Officials
- Approach Report Form and Evidence Preservation Protocol

Day 4: Athlete Safeguarding Policy, Case Handling and Hearings

- Safeguarding Policy Structure With Codes of Conduct and Screening Checks
- Designated Safeguarding Officer Role Description and Referral Map
- Case Intake Form, Triage Matrix and Case File Chronology
- Multi-Agency Referral Handling and Serious Case Review Method
- Hearing Pack and Court of Arbitration for Sport Appeal Route

Day 5: Case Study on an Integrity and Safeguarding Action Plan

- Case Federation Integrity Risk Register Update and Priority Findings
 - Case Test Distribution Review With Athlete Education Gaps
 - Case Betting Alert and Safeguarding Complaint Triage Exercise
 - Integrity Unit Structure, Reporting Lines and Case Log Design
 - Integrity and Safeguarding Action Plan Completion and Panel Review
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Skills You Will Gain:

- Integrity Risk Assessment
- Anti-Doping Test Planning
- Exemption Request Review
- Manipulation Alert Triage
- Safeguarding Policy Drafting
- Case File Management
- Hearing Pack Preparation
- Integrity Unit Design

Why Attend This Course:

- Deliver an Integrity and Safeguarding Action Plan to the federation board, legal counsel and medical director for approval
- Decide which reports need a test, an investigation, a referral to an outside agency or an education response
- Avoid missed tests, mishandled complaints and unmanaged betting alerts that damage athletes and the reputation of the organisation
- Coach colleagues, coaches and officials on shared reporting routes and evidence handling rules

Conclusion:

Back at work, the participant presents the Integrity and Safeguarding Action Plan to the board, legal counsel and medical director, who use it to approve the policy set, the unit structure and the reporting routes. Case officers apply its triage matrix and case log to every new report. After the first competition season, the organisation should review case closure times, test coverage gaps and education attendance against the plan, then adjust priorities and staffing accordingly.

Frequently Asked Questions FAQ:

What should participants know before a sport integrity, anti-doping and athlete safeguarding course?

Participants should already handle rules, welfare, medical or disciplinary duties in a federation or club. No legal degree is needed. Bringing an anonymised policy, complaint form or testing schedule from their own organisation makes the case work more useful.

How does a sport integrity, anti-doping and athlete safeguarding course differ from a sport governance course?

It concentrates on rule violations and athlete protection: testing, manipulation alerts, safeguarding cases and hearings. A governance course deals with boards, statutes, finance and strategy, and covers integrity only as one control among many.

Why does athlete safeguarding sit beside anti-doping in sport integrity work?

Both rely on the same reporting routes, confidential case files and fair hearings. Handling them in one integrity unit avoids gaps between departments and lets staff apply consistent evidence, privacy and appeal rules to every report.

What do participants take back from the sport integrity, anti-doping and athlete safeguarding course?

Participants take back an Integrity and Safeguarding Action Plan, plus a risk register, a test distribution worksheet, a safeguarding policy outline, a case intake form and a case log template adaptable to their own organisation.