



Geriatric Care Management: Home Care, Assisted Living and Long-Term Care Services

25 – 29 October 2026

Riyadh - KAFD district five-star



Geriatric Care Management: Home Care, Assisted Living and Long-Term Care Services

Ref: 389_15799 **Date:** 25 – 29 October 2026 **Location:** Riyadh - KAFD district five-star **Fees:** 20000 SAR

Introduction:

Geriatric care management breaks down when older clients move between home, day centre, residence and hospital: assessments are repeated or skipped, care plans sit unread, falls and missed medicines go unreported, and families are left to coordinate alone. This Core Concept course equips managers and supervisors of home care, adult day care, assisted living and long-term care services, and hospital discharge teams, to organise assessment, person-centred care planning, safety oversight, family support and service quality. Participants build an Elderly Care Service Improvement Plan for their own service.

Course Objectives:

- Profile the care needs of an older client group using the five Comprehensive Geriatric Assessment domains and the geriatric syndromes that drive demand for support
- Coordinate multidisciplinary assessment and write person-centred care plans with goals, preferences, risks and review dates that frontline carers can follow
- Supervise daily safety routines for falls prevention, nutrition and hydration, medication handling and dementia-friendly care in home and residential settings
- Apply safeguarding, dignity and consent procedures, and escalate concerns about neglect, restraint or financial exploitation of older clients
- Plan assistive technology, home adaptation and caregiver training that keep older clients independent and support families
- Run a home-care or residential service with staffing rosters, quality indicators and incident reviews, and present an Elderly Care Service Improvement Plan

Target Audience:

- Managers responsible for running home care agencies and domiciliary visiting services for older clients
 - Supervisors of adult day care centres, assisted living residences and long-term care homes
 - Hospital discharge and transitional care coordinators who arrange onward care for older patients
 - Care coordinators and case managers who assess older clients and commission support packages
 - Quality and training leads in elderly care providers who monitor standards and develop carers
-

Course Outline:

Day 1: Ageing, Care Needs and the Elderly Care Service Landscape

- Healthy Ageing, Intrinsic Capacity and Functional Ability as WHO Describes Them
- Geriatric Syndromes Map: Frailty, Falls, Delirium, Incontinence and Pressure Ulcers
- Elderly Care Service Models: Home Care, Adult Day Care, Assisted Living and Long-Term Care
- Care Transitions Map: Hospital Discharge, Respite Stays and Moves into Residential Care
- Elderly Care Service Current-State Review Checklist

Day 2: Geriatric Assessment Frameworks and Person-Centred Care Planning

- Comprehensive Geriatric Assessment Five Domains and Multidisciplinary Team Roles
- WHO ICOPE Intrinsic Capacity Screening Domains for Care Coordinators
- interRAI Assessment System Overview for Home and Residential Care
- Person-Centred Care Plan Template: Goals, Preferences, Risks and Review Dates
- Care Documentation Standards: Daily Notes, Handover Records and Care Plan Audits

Day 3: Daily Care Safety: Falls, Nutrition, Medication and Dementia-Friendly Routines

- Falls Prevention Programme: Risk Screening, Post-Fall Huddle and Environmental Checks
- Nutrition and Hydration Monitoring: Weight Charts, Fluid Records and Mealtime Assistance
- Medication Administration Oversight: MAR Charts, Carer Competency Checks and Pharmacist Review
- Dementia-Friendly Care Environment: Signage, Routines and Responses to Distressed Behaviour
- Continence and Skin Integrity Care Rounds with Escalation Triggers

Day 4: Safeguarding, Dignity, Independence and Family Support

- Adult Safeguarding Procedure: Recognising Neglect, Financial Exploitation and Restrictive Practice
- Dignity, Consent and Capacity Conversations with Older Clients and Relatives
- Assistive Technology and Home Adaptation Assessment: Telecare, Mobility Aids and Bathroom Modifications
- Family Caregiver Training Plan and Respite Arrangements to Prevent Carer Strain
- End-of-Life Wishes Recording and Advance Care Planning Conversations at Management Level

Day 5: Service Operations Case Work and the Elderly Care Service Improvement Plan

- Home Care Rostering Case: Visit Scheduling, Travel Time, Continuity of Carer and Missed Visits
 - Elderly Care Quality Indicator Set: Falls Rate, Unplanned Admissions, Weight Loss and Complaints
 - Incident Management Case: Medication Error and Unwitnessed Fall Root Cause Review
 - Elderly Care Service Improvement Plan Drafting with Owners and Review Points
 - Improvement Plan Presentation and Peer Challenge Panel
-

Skills You Will Gain:

- Geriatric Needs Profiling
- Care Plan Auditing
- Falls Risk Programme Management
- Medication Round Supervision
- Adult Safeguarding Escalation
- Home Adaptation Planning
- Home Care Rostering
- Elderly Care Quality Indicator Reporting

Why Attend This Course:

- Leave with an Elderly Care Service Improvement Plan for your own home care, day care or residential service, with indicators and named owners
- Test your service's handling of real falls, medication and safeguarding cases against a structured review method
- Give carers and families clear routines and training that reduce avoidable hospital admissions and carer strain
- Compare elderly care practice with managers from home care agencies, residential providers, charities and hospital discharge teams

Conclusion:

Good care for older people depends on managers who connect assessment, planning, daily safety and family support into one service. The week moves from ageing, geriatric syndromes and service models, through Comprehensive Geriatric Assessment, ICOPE screening and person-centred care planning, to falls, nutrition, medication and dementia-friendly routines. It then covers safeguarding, dignity, assistive technology and caregiver support, and closes with rostering, quality indicators and incident case work that produce an Elderly Care Service Improvement Plan for each participant.