



IELTS Preparation Course: Band Score Strategies for Listening, Reading, Writing and Speaking

19 – 23 October 2026

Dubai - Five-star CBD venue



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Ref: 1489_24366 **Date:** 19 – 23 October 2026 **Location:** Dubai - Five-star CBD venue **Fees:** 19500 SAR

Introduction:

IELTS preparation with band score strategies for listening, reading, writing and speaking is a 5-day course for scholarship, secondment and registration candidates, ending with a Mock Test Score Report and Band Improvement Plan. Nominations stall when candidates miss a required band, often by half a band in one module, and repeat sittings delay study and training intakes. Nominees already use intermediate English at work and learn through timed simulation of each module with marked feedback against the band descriptors. CoreConcept Training Center delivers this IELTS preparation course.

Course Objectives:

- Map the Academic and General Training test formats, timings and band scale to the target score set by the sponsoring institution
- Apply listening strategies for form, note, map and multiple-choice questions across the four recorded sections
- Locate answers in reading passages by skimming and scanning, and resolve True, False, Not Given and matching headings items
- Write Task 1 reports on graphs, tables and processes or General Training letters, and Task 2 essays that meet the four writing criteria
- Deliver Speaking Part 1, Part 2 long-turn and Part 3 discussion answers with controlled fluency, pronunciation and lexical range
- Score timed practice against the band descriptors and build a Band Improvement Plan with weekly module targets

Target Audience:

- Employees nominated for postgraduate scholarships who must submit a minimum IELTS band with their application
 - Staff selected for international secondments or training attachments that set an English language entry requirement
 - Technical and professional staff preparing for professional registration or licensing that specifies an IELTS band
 - Graduate trainees and early-career staff in development schemes that include study at English-medium institutions
 - Candidates who have sat the test before and need to raise one weak module by half a band or more
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Course Outline:

Day 1: IELTS Test Format, Band Scale and Diagnostic Baseline

- Academic and General Training Module Formats and Timings Compared
- Nine-Band Scale and Overall Band Rounding Rules
- Public Band Descriptors for Writing and Speaking Criteria
- Target Band Gap Analysis Against Institution Entry Requirements
- Diagnostic Mini-Test Across Four Modules With Error Profile

Day 2: Listening and Reading Question Types and Answer Strategies

- Listening Section Context Shifts and Answer Prediction Techniques
- Form, Note, Table and Flow-Chart Completion Spelling Accuracy
- Map, Plan and Diagram Labelling With Direction Language
- Skimming for Gist and Scanning for Keywords and Paraphrase
- True False Not Given and Matching Headings Decision Rules

Day 3: Writing Task 1 Reports, Letters and Task 2 Essay Structures

- Academic Task 1 Overview Sentence and Key Feature Selection
- Line Graph, Bar Chart and Process Diagram Comparison Language
- General Training Task 1 Letter Purpose, Tone and Bullet Coverage
- Task 2 Opinion, Discussion and Problem-Solution Essay Structures
- Thesis Statement, Topic Sentences and Paragraph Development With Examples

Day 4: Higher-Band Language, Speaking Parts and Common Score Ceilings

- Coherence and Cohesion With Reference, Substitution and Linking Devices
- Lexical Resource Upgrades With Collocation and Less Common Vocabulary
- Grammatical Range With Complex Sentences and Error Frequency Control
- Speaking Part 1 Answers and Part 2 Cue Card Planning
- Speaking Part 3 Abstract Discussion, Fluency Markers and Pronunciation Features

Day 5: Timed Mock Test Simulation and Band Improvement Plan

- Full Timed Listening and Reading Mock Under Test Conditions
 - Timed Writing Mock With Task 1 and Task 2
 - Recorded Speaking Mock Rated Against the Four Criteria
 - Mock Test Score Report and Weakest Criterion Identification
 - Band Improvement Plan With Weekly Study Schedule Completion
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Skills You Will Gain:

- Test Format Navigation
- Prediction and Paraphrase Recognition
- Skimming and Scanning
- Data Description Writing
- Argumentative Essay Structuring
- Cohesive Device Control
- Extended Speaking Fluency
- Band Descriptor Self-Assessment

Why Attend This Course:

- Hand a Mock Test Score Report and Band Improvement Plan to the training or scholarship coordinator before the live test is booked
- Judge which module and criterion to prioritise in the remaining study weeks instead of practising every skill equally
- Avoid repeat sittings and missed intake deadlines caused by falling half a band short in one module
- Pass on the question-type decision rules, essay frames and speaking cue card planner to colleagues preparing for the same test

Conclusion:

Back at work, the participant gives the training or scholarship coordinator a Mock Test Score Report and Band Improvement Plan showing the band reached in each module, the weakest criterion and a weekly study schedule. The coordinator uses it to decide when to book the live test and whether further language support is needed before the nomination deadline. After the first full practice test taken under the plan, the coordinator and participant should compare the module bands with the mock results and shift study time toward any module still below target.

Frequently Asked Questions FAQ:

What English level should participants have before the IELTS preparation course?

Participants should already read, write and speak English at an intermediate level, enough to follow a short talk and write a clear paragraph. Bringing any previous test result and the band required by the sponsoring institution helps set realistic targets on the first day.

How does an IELTS preparation course differ from a general business English course?

It trains test performance: question types, timing, task structures and the public band descriptors used to score writing and speaking. Business English courses build workplace speaking for meetings and negotiations, which does not prepare candidates for timed test tasks.

How is the overall IELTS band score calculated?

The overall band is the average of the four module bands, rounded to the nearest half band. Each module is scored from 0 to 9 in half bands, there is no pass or fail, and each institution sets the band it requires.

What do participants take back from the IELTS preparation course?

Participants take back a Mock Test Score Report with a band for each module and criterion, a Band Improvement Plan with a weekly study schedule, question-type decision rules, essay and letter frames and a speaking cue card planner.